

# INSTRUCTION: Wakeboarding

## INDY

Written by Daniel Powers • Photography by Jonathan Shumate

**A TANTRUM IS ESSENTIALLY A BACK FLIP ON A WAKEBOARD**



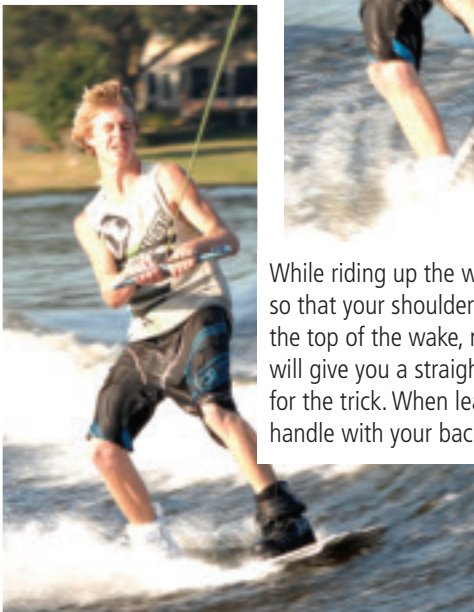
Don't throw your head or shoulders back like you would on a normal tantrum, or the board will be too far away. The more you pull your knees in, the faster you will flip.



After the board leaves the wake, immediately pull your knees up toward your chest and go for the grab with your back hand.



While riding up the wake, square your shoulders so that your shoulders are parallel to the wake. At the top of the wake, make sure you stand tall. This will give you a straight-up pop, which is essential for the trick. When leaving the wake, let go of the handle with your back hand.



First, you want to start wide and approach the wake with a fairly aggressive edge. As you ride into the wake in a slightly seated position, you will need to stop edging and flatten out.

**A TANTRUM IS ONE OF THE BASIC INVERTED TRICKS AND IS A VERY GOOD BASE TRICK FOR SEVERAL ADVANCED INVERTED TRICKS SUCH AS A TANTRUM TO BLIND, WHIRLY BIRD AND MOBY DICK.**

**AN INDY GRAB IS WHERE YOU GRAB THE BOARD ON THE TOE SIDE OF THE BOARD BETWEEN THE BINDINGS WITH YOUR BACK HAND. ADDING AN INDY GRAB TO IT ADDS SOME STYLE.**

# TANTRUM



As you rotate the back flip after grabbing the board, look back to spot your landing.



When you spot your landing, begin to let go of the grab and start to unfold and prepare for the landing.



This is when you would pull it to blind (180-degree turn) if you were doing an Indy Tantrum to Blind.

★ A TANTRUM TO BLIND IS A TANTRUM WITH A BACKSIDE 180 AT THE END.

★ A WHIRLY BIRD IS A TANTRUM WITH A BACKSIDE 360 WHERE YOU PUT THE HANDLE OVER YOUR HEAD TO SPIN.

★ A MOBY DICK IS A TANTRUM WITH A BACKSIDE 360 THAT IS HANDLE PASSED.



Unfold your knees for a smooth landing, then...



ride away!

Daniel was the 2010 USA Wakeboard national champion in Junior Men. He is sponsored by Liquid Force, Jet Pilot, MasterCraft, and Performance Ski and Surf.